



Elisabetta Mariani

December 2024

News from the SENDCO

SEND newsletters will be sent out on the last two weeks of every term.

The SENDCO email is elisabetta.mariani@oasisputney.org

If you are concerned about your child please see your child's class teacher in the first instance, they will then discuss these concerns with the SENDCO who will make observations of your child within the classroom.

You can find the Initial Concern Form for Parents on our website in the SEND section.

Keeping in Touch

This academic year my SENDCo working days will be Tuesday, Wednesday, Thursday and Friday.

Parent Coffee Morning

Our next parent coffee morning will be on the 24th of January at 9am.

In our last Coffee Morning on the 29th of November, **Carol Hill from Wandsworth children's Services** joined us and talked about **Wandsworth's SEND Local Offer** - how to access information and services that support families in Wandsworth with children 0-25 with special educational needs/disabilities.

'Maypop' Wellbeing Room

I'm currently working on transforming one of our rooms into a wellbeing space, and my 'Wellbeing Champions' are helping choose the resources and wall displays to create a calming environment where we can all self-regulate and relax.

4 Mental Health Tips for Winter

- 1 Eat a healthy diet.**
Incorporate seasonal produce like kale, pomegranates, and Brussels sprouts into your family meals.
- 2 Get a good night's sleep.**
Encourage your family to establish a regular sleep schedule, falling asleep and waking up at the same time every day.
- 3 Soak up the sun.**
Get active and take a walk outside with the family during the sunlight hours.
- 4 Plan some fun.**
Plan some mood-boosting activities like a family movie night or an art project to keep spirits high.



Boston Children's
Primary Care Alliance

Mental Health

Look after your wellbeing this winter.

These are top tips on how to thrive this winter which may be of use to any child who struggles as these next few months get colder and darker.

We're currently in need of a few items to make the room even better, such as LEGO, sensory toys, cushions, soft toys, blankets, and fairy lights. If you have any spare items you'd be willing to donate, we would really appreciate your support!

We also have a big planter and would love to grow some flowers or plants in it. If you're a parent who enjoys gardening or cooking, we'd love to have your help! We're looking for parents to join our Wellbeing Champions during our Friday afternoon sessions.

Let me know if you'd like to get involved!

Oasis Academy Putney



020 7884 6000



oasisacademyputney.org



@OasisMarksbury



facebook.com/OasisAcademyPutney